

LIFESTYLES

HAWAII MARINE B SECTION

AUGUST 19, 2005



A visitor to Shark's Cove takes advantage of the rocks that surround the cove, using them to launch himself into the deep water below. During an average day, the cove is busy with snorkelers, scuba divers, sightseers, and the occasional rock-jumping thrill seeker.

Cove offers much, with less crowd

Story and Photos By
Cpl. Megan L. Stiner
Press Chief

WAIMEA, Hawaii — Waimea Bay, Hanauma Bay and Waikiki Beach are a few of the more popular ocean area attractions of Oahu for both visitors and locals alike, due to the unique variety of ocean life, beach conditions and surrounding locale.

But individuals looking for a not-so-crowded, lesser-known and a more nature-oriented ocean can experience that at Shark's Cove. Although smaller, this area combines the positive aspects of the three popular beaches, so ocean-goers need not look any further.

Shark's Cove, located on the North Shore near Waimea Bay, is a bustling smaller version of Hanauma Bay that offers ocean enthusiasts the opportunity to swim with sea life, take pictures of fish and explore underwater caves that surround the cove.

Right next to the cove is a tide pool full of small fish, warm water, and a plethora of other interesting-looking sea creatures.

Down a short path and over a walkway bridge, is a remote seashore area covered in thick sand and small rocky islands with waves that invite surfers to test their skills.



A young girl examines a piece of sand-covered coconut husk she found on the beach.

The three lesser-known areas are all found within a half-mile radius of each other. Also available within the vicinity are surf shops, food vendors, and other stores catering to those out enjoying ocean activities.

The essential ocean-adventure equipment, that includes scuba-diving gear, snorkels, spear fishing rods, kayaks, surfboards, and suntan lotion, can all be purchased or rented within walking

distance from the beach areas.

The area is welcoming to the young and the old, sunbathers and surfers, photographers and spear-fishermen as it offers a wide variety of activities for all to participate in.

On any given day, the not-too-crowded, yet equally inhabited beaches serve as a playground and lounge area for children to toss footballs, readers to lay out in and relax on, snorkelers to search for aquatic specimens, and tourists to take in the sights and sounds of the island surf.

As with all outdoor activities, there are precautions that should be considered before venturing out.



Staff Sgt. Ian Meinert, separations chief, Installation Personnel Administration Center, Marine Corps Base Hawaii, Kaneohe Bay, takes a break from scuba diving at a beach near Shark's Cove. Meinert visits the North Shore area when he can find time away from his busy work schedule.

Water shoes with rubber soles are recommended for those who want to walk out onto the sharp and jagged cove rocks.

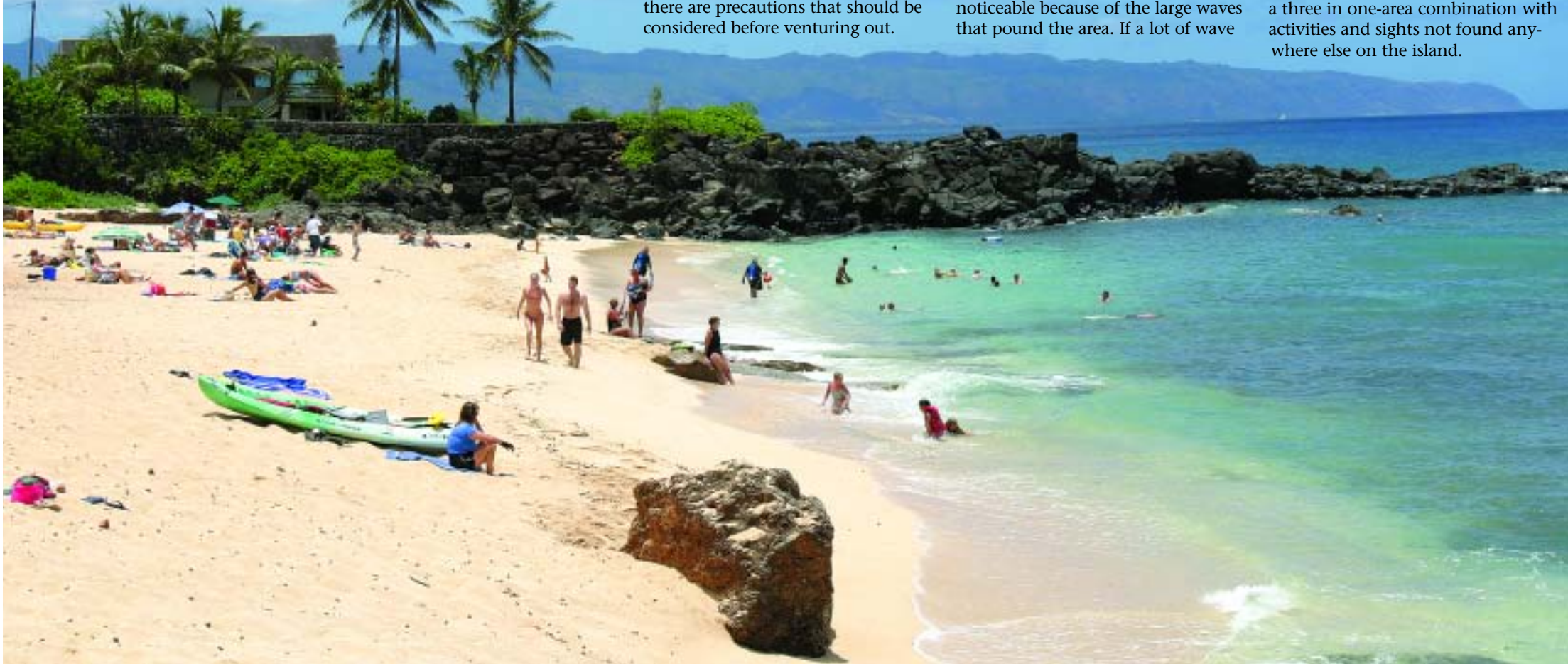
The cove is considered to be a seasonal recreation area. During the winter months the cove is hardly noticeable because of the large waves that pound the area. If a lot of wave

activity is present, entering the cove area is not recommended.

Other precautions include remembering to be cautious of sea life. Although sea turtles may swim close to humans and seem friendly, they have been known to bite unexpectedly. Also, sea turtles are protected under state and federal acts from harm and harassment; this includes engaging in any activity that alters their natural behavior, such as feeding them, so the best policy for beach-goers is avoid any interaction with them and to remain at a safe distance of two to three feet away, even if they approach you.

In order to capture a picture of the ocean life, underwater cameras are a necessity, but can be very expensive in certain areas. Shopping around can help to alleviate the financial strain as well as give first-time visitors another view of island life, as many shops in the area are filled with pictures and paintings of the island from local artists and photographers.

Although Shark's Cove and the surrounding area may not offer quite the same magnitude of sea life, miles of sandy beaches or amount of waves that the more crowded, more parking-friendly beaches present, it offers a three in one-area combination with activities and sights not found anywhere else on the island.



Storytime returns to entertain, educate

Yibeli Galindo-Baird
Marine Corps Community Services Marketing

Children of all ages — get ready to let your imagination run wild when Storytime makes its comeback at Marine Corps Base Hawaii, Kaneohe Bay, Base Library, Sept. 1. This popular weekly family activity introduces children not yet enrolled in school, as well as those being home schooled, to books and the complete library experience.

“We hope to excite children, encourage them to develop their love of books and, in doing so, plant the seed of life-long learning,” said Lori Zuttermeister, library technician and Storytime coordinator. “It also provides the opportunity for children and parents to meet other families and to make new friends — especially for our newcomers.”

Storytime, which was on a summer hiatus, will be offered every Thursday at 10 a.m. Themed story times are also offered one Saturday a month at 1 p.m., throughout the year, enabling children to learn about a particular topic in more depth than the usual Thursday Storytime setting allows. This is also ideal for children who are already in school who cannot participate during the weekdays.

Zuttermeister said the stories are chosen in accordance with a particular theme or in support of a particular event that is being promoted that week or month.

Zuttermeister, more affectionately known to the children as “Auntie Lori,” reads the books to the children herself, on most occasions. However, for special events which may benefit from it, special guest readers, of particular ethnicity or with the life experience being highlighted by the library, have been know to join her in the presentation of the material.

More than just book reading, this library program also involves physical tasks and hands-on crafts that allow children to really become fully immersed in the subject of each book.

“Following our stories, the children and their parents are invited to participate and create crafts and activities related to our theme. During some of our programs, they even have the opportunity to watch cultural performances, explore a ‘touch-and-feel’ exhibit, learn a cultural dance, play ethnic games, sample ethnic foods, and share in holiday treats,” said Zuttermeister.

She added that children as young as 6 months all the way through 8 years have been known to attend Storytime, regularly.

“Though a large difference in ages, everyone has a great time.”

For example, in honor of Women’s History Month in March, the library held a special Storytime to celebrate the special women in children’s’ lives: mothers, aunts, grandmothers and others. Children read stories that featured female characters in those roles as well as other nontraditional female occupations, enabling them to expand their concepts of the endless tasks women can take on. As a take-home activity, the children colored and made gifts for the special ladies they wanted to honor. They also enjoyed snacks and treats.

During September, in celebration of Hispanic Heritage Month, which runs from Sept. 15 to Oct. 15, the library will feature two celebrations of the Hispanic/Latino culture during Storytime. Mark your calendars for Sept. 17 at 1 p.m. for a Piñata Party and for Sept. 29 at 10 p.m. for the weekday version of this event.

“Auntie Lori” looks forward to seeing base families at these and any of the Storytimes beginning this month.

For more information about Storytime and other library events, call the Base Library at 254-7624.



Photo Courtesy of MCCC Marketing

“Auntie Lori,” as the children call Library Technician and Storytime Coordinator Lori Zuttermeister, reads to children at Storytime, held at the Base Library aboard Marine Corps Base Hawaii, Kaneohe Bay.

MARINE CORPS COMMUNITY SERVICES

WWW.MCCSHAWAII.COM

Possibilities in Paradise

Kahuna’s Bar & Grill
254-7660/7661

Latin Night — “Ven a bailar a Kahuna’s.” Come to dance at Kahuna’s, that is.

Yes, tonight, you’ll really get infused with the Latin groove, thanks to the rhythmic renditions of El Conjunto Tropical. This band plays merengue, bachata, cumbia, salsa and other tropical sounds sure to make your hips start shaking no matter how hard you try to resist. It all begins at 10 p.m.

Wednesday Night Pool Tournaments — Are you a closet

pool shark? If so, make Kahuna’s Sports Bar & Grill your destination for pool tourneys every Wednesday evening. The games run from 7 to 11 p.m. and cost \$10.

Tournaments are open to E-1 through E-5, DoD civilians and sponsored guests.

For more information, call 254-7660.

Officers’ Club

254-7650/7649

Hawaiian Pool Party — Celebrate Admission Day today at the Officers’ Club Pool with a Hawaiian themed pool party not soon to be forgotten. The event, which will also spill over into the Grunge Bar, kicks off at 5:30 p.m. and features tropical beverages, Hawaiian-style pupus, and music with a hula dancer to create the perfect ambiance.

Those interested in using the pool will be pleased to know that a life-guard will be available until 9 p.m.

No party would be complete without the appropriate aloha attire, so be sure to bring your most colorful selection.

Tickets are \$5 for members, \$8 for nonmembers.

Extended Pool Hours at The Officers’ Club — Summer pool hours are in effect at The Officers’ Club as follows: Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday 10 a.m. to 8 p.m.; and Mondays and holidays, the pool will be closed so plan accordingly.

A poolside menu will be available on Splash Tuesdays from 11 a.m. to 1:30 p.m. Food will be cooked to order on a grill by the pool. Wednesday through Friday, limited items can be ordered via the poolside phone for delivery to the pool.

For more information, call 254-7650.

All Hands

Family Picnic and Band Concert — Spend a little quality time with the family at the Child Development Center’s Family Picnic and Band Concert today at 5 p.m. This event makes for a rewarding day of fun under the sun and delightful music in the park.

Come to the Common Playground and listen to the U. S. Marine Forces Pacific Band play their unparalleled repertoire starting at 5:30 p.m.

This free event is the perfect opportunity to bring the family together. Patrons are welcome to bring picnic lunch, and blankets or

folding chairs.

The event runs through 6:30 p.m.

For more information, call 257-1388.

Personal Growth Training — This 48-hour Chaplain’s Religious Enrichment Development Operation retreat, to be held today through Sunday, is an opportunity for individuals to pursue personal growth in a peaceful, quiet setting.

Participants are encouraged to share thoughts, values, dreams and feelings about their lives in an environment of unconditional love and confidentiality. The retreat takes place at the Cabanas at Kaneohe Bay.

Active duty personnel may request no-cost Temporary Additional Duty orders in accordance with standard military personnel instructions. Participation is voluntary.

For additional information and reservations, call 257-1919.

Transition Assistance Management Program — All service members who are leaving the service in the next six months are required to attend this briefing. Spouses are also highly encouraged to attend.

The sessions will take place Monday through Thursday at Building 279 from 8 a.m. to 4 p.m. each day.

For more details, call 257-7790.

LINKS Class — Lifestyle Insights, Networking, Knowledge and Skills, or LINKS, is the perfect class for the husbands and wives of service members who are new to the island or to the military lifestyle.

LINKS provides basic information

necessary to acquaint them with the unique aspects of the Marine Corps and Navy life. This two-day session, to be held Tuesday and Wednesday, is offered once a month and will take place from 5:30 to 9 p.m. at the LINKS House in Building 3074.

For more information, call 257-2368.

PCS Move Workshop — This program is designed to give a single or married service member and family the information, resources and tools needed to plan their permanent change of station move.

Representatives will give presentations, Wednesday, from Transportation Movement Office, Housing, Temporary Lodging, Tricare and the Finance Office. Also available will be a Personal Financial Counselor and an Exceptional Family Member Program Coordinator. Briefs will also be given on relocation and Anti-Terrorism Level 1.

Service members are not required to have orders to attend, but registration is necessary due to limited seating. Attendance is mandatory for active duty service members.

To sign up or for more information, call 257-7790.

Spouse Conference — The 11th Annual Joint Spouses’ Conference will be held from Sept. 30 through Oct. 1 at Schofield Barracks’ Nehelani Conference Center.

Registration will continue through Sept. 16. The conference is open to spouses from all military branches on the island, all ranks, active duty and retired.

It is a great opportunity to make

friends, learn new skills and celebrate the military lifestyle.

The two-day event is \$25 per person or \$15 for one day only. More than 65 workshops are available this year and registration can be easily completed online at www.jointspousesconference.com, the first time this option is available.

For more information, visit the Web site or call Mari Morales, Marine Corps liaison, at 254-5014.

Ongoing

Designated Driver Awareness Program — According to the National Highway Safety Administration, in 2004 motor vehicle crashes were the leading cause of death for people 2 to 33.

Don’t be a statistic. Sign up for the Designated Driver Program at Kahuna’s Sports Bar & Grill and enjoy free nonalcoholic beverages.

For more details, call 254-7660.

Get your lunch on the go at Kahuna’s — Need to grab a bite to eat, but don’t have time to sit down at Kahuna’s? No problem — for a quick and convenient lunch, use the bar service pick up by calling 254-4183 to place a lunch order between 10:30 a.m. and 1:15 p.m., Monday through Friday.

Discount at Fairways Sports Bar and Grill for Staff NCO Members — The SNCO Club may be closed on Mondays and Tuesdays, but Fairways is now offering reduced pricing for SNCO members from 11 a.m. to 1 p.m. on those days.

For more info, call 254-5481.

SM&SP

All events are open to unaccompanied E-1 to E-5 who are active duty Marines or Sailors. The SM&SP Office is located in Building 1629, inside the Kahuna’s Recreation Center. Get more details on activities at mccshawaii.com under the “Semper Fitness” icon, or call 254-7593.

Dodge Ball Tournament: The Single Marine & Sailor Program never drops the ball on having fun, and August looks like no exception when it hosts a dodge ball tournament, Friday at Camp Smith and Aug. 27 at Kaneohe Bay.

“The best part about this event is that it allows us to go back to the playgrounds of our youth and act like kids again,” said SM&SP coordinator Gabby Black.

The Camp Smith tournament will run from 11 a.m. to 1 p.m. at the Camp Smith Gym, and the Kaneohe Bay tournament will be held at the Semper Fit Center from 10 a.m. to noon.

Put together a six-person team and start practicing now. Both tournaments cost \$20 per team, and are open to all eligible SM&SP patrons and invited Staff NCOs.

“It’s a fun alternative to regular physical training, and as an added bonus, you can invite your staff NCO,” Black said.

The popularity of the sport has grown, recently. At the previous tournament, nine teams for each event showed up. The money collected from the event will pay for prizes.

SilentAuction

A silent auction is now underway and will run through Sunday at the Auto Skills Center, Building 3097, and at the Base Marina, Marine Corps Base Hawaii, Kaneohe Bay, for bids on the vehicles and the boat listed below. Bids are now being taken by placing a sealed ballot in the box provided at the Auto Skills Center and the Base Marina. Bidding will close at the close of business on Sunday. The boxes will be opened Aug. 23 and the persons with the highest bids will be notified.

Automobiles	Year	Make	Model	Min. Bid	Remarks
	2000	Chevrolet	Malibu	\$3,500	Excellent Condition
	1988	BMW	750iL	\$1,500	Runs with few repairs, some body damage
	1973	VW	Convertible	\$200	Not running, needs repairs, some body damage
	1989	Jeep	Wrangler	\$1,100	Runs, needs tune up, has gas leak near gas tank, needs some body work
	1969	Lincoln	Continental Suicide	\$500	Runs, bad transmission, electrical problems.
	1989	Chevrolet	Camaro RS	\$500	Runs, needs tlc
	1989	Ford	Probe	\$300	Runs, needs tune up, has good body
	1990	Chevrolet	Beretta	\$50	Runs, needs lots of tlc

For more information on the vehicles, call 254-7674 or e-mail carl.cabrera@usmc.mccs.org.

Boats	Length	Make	Min. bid	Location
19 ft.	West Wight Potter		\$750	Located in spot 80 at dry storage in the Base Marina

For more information on the boat, call 254-7666 or e-mail neil.morgan@usmc.mccs.org.

MOVIE TIME

Prices: Adults, 12 and older, \$3; children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16-years-old and younger. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with video or picture taking capability (items will be returned after screening), magnetometer wand, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For more information, contact the Base Theater at 254-7641.

The Perfect Man (PG)	Today at 7:15 p.m.
The Honeymooners (PG-13)	Today at 9:45 p.m.
Batman Begins (PG-13)	Saturday at 7:15 p.m.
Mr. and Mrs. Smith (PG-13)	Saturday at 9:45 p.m.
Howl’s Moving Castle (PG)	Sunday at 2 p.m.
The Perfect Man (PG)	Sunday at 6:30 p.m.
Howl’s Moving Castle (PG)	Wednesday at 6:30 p.m.
Herbie: Fully Loaded (PG)	Friday at 7:15 p.m.
Batman Begins (PG-13)	Friday at 9:45 p.m.

Personality Features



Cpl. Michelle M. Dickson
Sgt. Barbara J. Lee, military police supply chief, Headquarters Battalion, stands in front of one of the military police ATVs. Lee has been serving in the Marine Corps for six years now.

MP finds change, direction in Marine Corps

Cpl. Michelle M. Dickson
Combat Correspondent

When checking into a Marine unit, one can usually expect a few other Marines to be working by their side for the next few years. Certain billets though, do not provide that, and for one Marine assigned to Marine Corps Base Hawaii, Kaneohe Bay, this is the exact type of job she holds.

Sgt. Barbara J. Lee, Military Police supply chief, Headquarters Battalion, has been holding this billet for almost two years.

“A job like this is always stressful,” said the 26-year-old. “You just have to really pay attention and manage your time really well.”

The Mercedes, Texas native grew up among a very close family with two other sisters and a brother. None of her family had ever joined the military, and, according to Lee, they weren’t about to allow her to.

“I worked as a waitress until I was 19, then worked as a certified registered nurse

for a urologist for a year,” said Lee. “When I told the family I was deciding to join the Marine Corps, they weren’t too happy.”

Although unhappy, her family eventually accepted her decision to join, said Lee.

“I felt like I had to get out of my hometown,” she explained. “Everyone I knew stayed there for their entire lives, and I didn’t want to end up like that. I wanted to get out and see new things.”

According to Lee, she picked the Marine Corps because she said it was the toughest branch of all of the armed services.

“It sounded like it would be a real challenge, and that’s what I needed in life,” said Lee. “I needed the challenge, and I needed a life change. The Marine Corps gave me direction.”

After completing boot camp at Parris Island, S.C., Lee attended the military occupational school for supply at Camp Johnson, N.C. After graduating, she was

See LEE, B-4

Sailor’s drive key in attaining dreams

Cpl. Megan L. Stiner
Press Chief

A drive propelled by strong family bonds, a continuous belief in God, an ongoing drive for a college degree and a determination to never give up at anything — no matter what, has earned one Marine Corps Base Hawaii, Kaneohe Bay, service member the title of Sailor of the Quarter for the 3rd quarter, 2005.

Petty Officer 2nd Class Thandiwe C. Chiwaya, a Navy electronics technician assigned as maintenance workcenter supervisor, Tactical Support Center, Commander, Patrol and Reconnaissance Wing 2, is currently working on her seventh year in the Navy, the past two of which she has spent in Hawaii.

“Ever since I was young, I wanted to take a trip to Hawaii,” said the Rosedale, N.Y. native. “It was a childhood dream and the Navy has given me the opportunity to be here.”

After graduating from high school at the age of 16, Chiwaya became a college student for less than two years before she signed the paperwork to join the Navy.

“I skipped sixth and eighth grades and graduated early,” explained the 25-year-old, humbly. “But I struggled for everything. I had to work very hard to get where I am today.”

She has continued to take college classes and is working towards her master’s degree in Human Resources Management, since joining the Navy. At the time she signed up for service in the military, she knew she needed to change her course and get involved in something that would give her the opportunity to travel, meet new people and experience more of the world outside of the United States. The Navy gave her those opportunities.

During her naval career she has traveled to more than 10 different countries including Australia, Hong Kong, Japan, Thailand and the Philippines.

“I never got to do a lot of traveling as a child,” she explained. “The Navy has given me the ability to experience a lot of other cultures and places. That has given me a greater appreciation for the things I have in the United States.”

Chiwaya’s parents both traveled to the United States from different countries in order to start a new life in a place that could provide them with better opportunities for themselves, as well as for the family they intended to begin. They settled in New York and gave birth to their firstborn, Chiwaya, in Manhattan.

“My mother is a nurse and my father is an attorney,” stated Chiwaya proudly, “they worked their way from the bottom up, and look where they are now.”

Although her parents left their homelands to find a better life, she said that she remains tied to their



CHIWAYA

origins and made it her mission to visit both her mother’s hometown of Guyana, South America, and her father’s hometown of Malawi, Africa.

“I visited Malawi last year and Guyana as a child,” she said. “Beyond the personal experiences — because of my parents, the overall feeling was the same as when I traveled to other countries. I gained perspective for the life I live as a U.S. citizen. The things we take for granted here are unreal.”

One of the most difficult times Chiwaya faced in the Navy was during 9-11 when she was on deployment in the Persian Gulf.

“I heard about what happened from the news,” she said. “My mother works close to the World Trade Center, and it took three days for me to find out that my family was all okay. It was a very trying time for me.”

According to Chiwaya, her belief in God is one of the biggest impacts on her emotional and mental strength as a person.

“My mother and grandmother are Seventh-day Adventists, and they are huge influences on my faith,” she admitted.

According to Chiwaya, when times are rough and she is away from home and the people she cares about, she can always turn to her faith in God.

“When I was younger, I was in our church’s

See CHIWAYA, B-5

Resource manager gives water conservation tips

Cpl. Megan L. Stiner
Press Chief

Washing hands, making juice from concentrate, playing slip and slide, changing the water in a fish tank and baking a cake all have one major element in common. They all require the use of water.

According to a newsletter published by the Marine Corps Base Hawaii, Kaneohe Bay, resource efficiency manager, the average person living in the United States uses more than 80 to 100 gallons of water each day when conducting normal household activities such as showering and washing dishes.

One energy-saving article from the newsletter states that the Earth's water supply only contains 1 percent of usable water; another 97 percent is ocean or salt water and the final 2 percent is locked away in glaciers and ice caps.

Last year, Marine Corps Base Hawaii, Kaneohe Bay, used 600 million gallons of water. The cost, to the base, of using that amount of water added up to being nearly \$1,200,000.

Houses and barracks currently under construction on base are being outfitted with energy-efficient, low-flow plumbing fixtures to reduce the amount and cost of water being used on base.

Recently, Environmental Technology and Management Inc. conducted a water conservation study in an effort to find more ways to conserve the local water supply.

According to conservation officials, a lot more can be done by those living in the barracks and on-base housing to aid in the conservation of K-Bay's water supply.

Throughout the month of August, which is designated as National Water Quality Month, members of the community aboard MCB Hawaii



Water conservation begins in the home with knowing how to use water wisely. This includes watering the lawn during early morning hours, turning off the tap when it's not in use and repairing leaky faucets.

can help conserve water on K-Bay and throughout the island of Oahu by following a few simple guidelines.

- Make sure to always fix leaky faucets or toilets, because even a drop of water

every few seconds can add up quickly.

- When washing a car, turn the hose off in between rinses.
- Only wash full loads of laundry, and set the washing machine according to the amount of clothes being washed.
- Instead of using a hose to clean drive-ways and stairwells, use a broom and sweep the area.
- When rinsing dishes, turn off the faucet between rinses.
- Do not leave the water running in the sink when brushing your teeth.
- Minimize evaporation by watering plants in the early morning hours, when temperatures are cooler.
- When changing fish tanks, empty the water onto the lawn or plants. The water is high in nitrogen and phosphorous, which serves as a fertilizer.
- Avoid using running water when thawing frozen foods.

So, not only during the month of August, but year-round, think about turning off the tap and saving water and money. And, as food for thought, ponder this statistic: If every home in the United States had a leaky faucet that dripped once each second, Americans would waste 928 gallons of water a day.

For more information on water conservation contact MCB Hawaii Resource Efficiency Manager John Dunbar at john.r.dunbar1@usmc.mil or call 257-2171, ext. 251.

Job Fair slated for Pearl Harbor

Press Release
Marine Corps Community Services

Looking for a job? Then be sure to attend the Joint Employment Management System Job Fair 2005. In partnership with the Air Force, Coast Guard, Marine Corps and Navy in Hawaii, JEMS will hold its 18th Annual Job Fair, Sept. 13 at Club Pearl on Naval Station Pearl Harbor from 11 a.m. to 3 p.m. JEMS Job Fair 2005 is open to all military, DoD and Coast Guard identification cardholders who have base access — this includes military family members, active duty personnel, retirees and their eligible dependents, Reservists, and DoD and Coast Guard employees. Because of the professional nature of this event, children will not be admitted.

More than 100 local businesses, mainland companies, and federal, state and county government agencies will be recruiting to fill their job vacancies. These companies will be recruiting for all types of positions from entry level to highly technical and professional positions. This is the perfect opportunity to talk with company recruiters, drop off résumés, pick up applications and research the job market — all in one place. Come prepared to take advantage of this opportunity — bring plenty of résumés, your appointment calendar and pens and paper.

If you need employment assistance, check with one of the centers listed below. Most of them offer a variety of classes to assist you — but call now to give yourself ample time to be prepared for this great opportunity. Additionally, if you are looking for a job in Hawaii, JEMS has an on-line job bank with more than 1,600 job listings and is for the exclusive use of our military community. Visit JEMS online at www.JEMSHawaii.com for more information about this unique program. You can find out how to register to use this excellent resource by calling one of the centers to schedule an appointment:

Coast Guard Work-Life Center: 842-2085
Hickam Air Force Base Family Support Center: 449-0300
MCCS Marine and Family Services: 257-7790
Pearl Harbor Fleet & Family Support Center: 473-4222, ext. 1

LEE, From B-3

then stationed in Okinawa, Japan, with the 7th Communications Battalion. A year later, she transferred to Barstow, Calif., where she was reassigned to work supply for the Military Police. At Barstow she was able to earn an associates degree in biology during her off-duty time, before transferring to Marine Corps Base Hawaii.

“Holding this position here is a one-man show,” said Lee. “I provide all the military police gear for this base and Camp Smith.”

According to Lee, there is currently a shortage of Military Police available on K-Bay, so if any new Marines come along in the department, they will most likely not be assigned to work with her.

Lee is responsible for issuing and inventorying gear as well as working special events, contracts, traffic control — and other tasks, as needed.

As soon as she can, Lee said, she plans on applying for the Marine Corps Warrant Officer Program, a long-time goal of hers.

“My family now understands what I want to do, and they’re now very proud of what I have done with my life,” said Lee. “My father wanted to join the Army when he was younger but never got the opportunity to because he had to work. He sees now that I received the opportunity and was successful, and I think that makes him proud.”

As far as advice for other Marines, Lee said she stresses time management.

“Learn to manage your time, but try not to stress too much,” said Lee. “There is always time to get things done. And, in the Marine Corps, there is always someone there who is willing to lend a hand to you.”

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Fighting dragons

Military teams — USCG Honolulu (front), JICPAC, and USCG Walnut — compete in this year’s Hawaii Dragon Boat races, this year titled the Honolulu Centennial Dragon Boat Race, in recognition of Honolulu’s centennial. The United States Coast Guard team, USCG Honolulu, came in first with a time of 1:57 — automatically sending it to the military finals, followed by the joint service team, JICPAC, with a time of 2:27. The second Coast Guard team, USCG Walnut, picked up the tail with a still-respectable time of 2:34. Each team consists of 18 members, 16 paddlers, one drummer and one flag catcher (perched atop the dragon’s head).

Photos By Susana Choy



Right — The CBMU 303 Seabees, in the red boat, paddle in at the end of the 6th heat of the day, taking third with a time of 2:27. It is said that Dragon Boat races originated in China in memory of Qu Yuan, a patriotic statesman who committed suicide more than 2,000 years ago, in grief over the plight of his kingdom. Dragon Boat racing is a quickly growing team sport now practiced in communities around the world.

Far Right — Gerry Lam, artist and entrepreneur, shows off this year’s Dragon Boat race T-shirt emblazoned with his design.



CHIWAYA, From B-3

female quartet as well as other church groups,” explained Chiwaya.

Since arriving to K-Bay, she has become the member of the Kaneohe Seventh-day Adventists church, where she is also active in the Ohana group, which is equivalent to a bible study group.

“I enjoy being involved in activities that strengthen my faith,” she explained. “I always was as a child, and I intend on continuing to do it.”

Aside from her religious involvement in the local area, Chiwaya is also interested in surfing as well as singing — when she is not at work.

“I am taking voice lessons from a friend of mine that is a music major,” she explained. “I sing mostly gospel music, that is what I enjoy the most.”

From her career in the Navy to her after-work regime of college, church, surfing and singing, Chiwaya continuously proved to her co-workers, family and friends that although she has a full plate of activities to participate in, she can still manage to excel in each one.

“I just always put everything into the things I do,” she explained. “I never give up on something I want to accomplish, and the people I am around on a day-to-day basis notice that. I guess that is why they wanted to get me recognized as the Sailor of the Quarter.”

Chiwaya intends to continue her career in the Navy through retirement at which time she hopes to open up a salon and spa.

“I have just always done hair and nails, since I was a little girl,” she said reminiscing, “I have gotten to live out a few of my dreams since I joined the Navy, and now I can just look forward to the future and try to make the rest of them happen.”

Boating Safety Tips

- Avoid alcohol.
- Be especially careful on personal watercrafts.
- Enroll in a boater education class.
- Operate at a safe speed.

=WORD TO PASS=

=ON THE MENU=

Honolulu Celebrates Centennial With
“Hula on the Beach”

We don’t need any more volunteers, but we still need lots of hula dancers! Another workshop has been added today due to demand.

We will take lots more hula dancers even right up to the event — all are welcome — and no experience is needed.

For those who don’t know the hula for “I Fell In Love With Honolulu,” a free workshop will be held today at 2 p.m. at the Kapiolani Park Bandstand. This workshop is open to the public and no reservations are needed to attend.

Remember, you must register to dance at Saturday’s “Hula on the Beach,” but everyone is welcome to attend!

To register, e-mail your name, birthdate/age, address, phone number and e-mail address to ikaikacomm@hawaii.rr.com.

Late registration is also available Saturday from 11 a.m. to 1 p.m. at ResortQuest Hawaii’s (formerly Aston) Waikiki Beach Hotel at 2570 Kalakaua Avenue (the one with Tiki’s).

All dancers should meet at the Sunset on the Beach site (look for the “Hula on the Beach” banners) at 3:30 p.m. to be assigned to an area. Those who have already been preassigned a spot should arrive by 4 p.m.

Remember to bring a battery-powered radio with you on Saturday so you can hear the song on Hawaiian 105.1 KINE or KKNE 940 AM.

The hula will begin at 4:30 p.m., so all must be at their assigned areas by 4 p.m.

For more information, visit www.waikikiimprovement.com/holoholo.html

USO Tour Comes to K-Bay

A USO tour, featuring NFL Hall of Famer Gale Sayers, comedians Jeffrey Ross and Colin Quinn, and actress LeeAnn Tweeden will be aboard Marine Corps Base Hawaii, Kaneohe Bay, Monday at Dewey Square from 11 a.m. to 1 p.m.

Marines and Sailors are encouraged to take advantage of this visit, which includes feature appearances by an autograph session.

For more information, call 254-7475.

Summer Concert Series
Closes With Iona
Contemporary Dance
Theatre

Offering a delight for the senses, IONA Contemporary Dance Theatre will take the stage under the stars on Tuesday for the Waikiki Aquarium’s final Ke Kani O Ke Kai summer concert of the season.

Hawaii’s premier dance company will offer a salute to the ocean, combining sea-themed costumes with witty spoken text and the power of music. Heralded by the *Los Angeles Times* as a “visionary coup de theatre,” IONA Contemporary Dance Theatre is renowned for its harmonious and innovative blend of Eastern, Western and indigenous influences.

With proceeds to benefit a future Northwestern Hawaiian Islands exhibit at the Aquarium, the concert will also feature signature food items by Hula Grill Waikiki, and fun, educational activities surrounding “New Discoveries in the Northwestern Hawaiian Islands.”

Offering a sunset picnic on the Aquarium lawn, Hula Grill Waikiki has created a special menu for concertgoers with all items priced under \$7 and 50 percent of the proceeds to benefit the Waikiki Aquarium.

Concertgoers are encouraged to arrive early. Doors open at 5:30 p.m., with educational activities offered from 6 p.m. and the concert starting at 7 p.m. Aquarium galleries and exhibits will remain open throughout the evening.

Each concert is priced at \$18 for adults; \$10 for juniors, 7 to 12; and free for children 6 and younger; \$15/\$7 for Friends of Waikiki Aquarium members.

To purchase tickets or for more information, call 923-9741 or visit www.waquarium.org.

Hale Koa Concert

There will be a Wind Ensemble concert Friday at 2 p.m. at the Hale Koa under the courtyard banyan tree.



Photo Courtesy of USS Missouri Memorial Association

Japanese contingent waits to officially surrender to the United States aboard USS Missouri, Sept. 2, 1945.

60th Anniversary Commemoration of
the End of World War II

Sixty years ago, the Japanese surrender was signed aboard USS Missouri, in Tokyo Bay, marking the end of World War II. To commemorate the 60th anniversary of the end of World War II, on Sept. 2, USS Missouri Memorial Association, Inc. will host a ceremony at the Battleship Missouri Memorial on Ford Island.

For more information, visit www.ussmis-souri.org/60th.

Tickets on Sale for Jim Breuer

Tickets are on sale now for comedian Jim Breuer, who will perform Sept. 10 at the Blaisdell Concert Hall.

Presented by The Laugh Factory, Breuer is a favorite of television, film and comedy club audiences. Tickets are \$30 and \$35 at the Blaisdell Box Office and all Ticketmaster outlets, including Times. To charge-by-phone, call toll free to (877) 750-4400 or log on to www.ticketmaster.com.

Breuer was added to the cast of “Saturday Night Live” in 1995, where he spent three seasons and was best known for his original character “Goat Boy.”

AT ANDERSON HALL

Today <i>Lunch</i> Beef Balls Stroganoff Baked Fish Fillets Macaroni and Cheese Garlic Roasted Potato Wedges Mixed Vegetables Lyonnaise Carrots Raisin Drop Cookies Fruit Pies	Spice Cake w/Lemon Cream Frosting Sugar Cookies Fruit Pies	Brownies Fruit Pies
Monday <i>Lunch</i> Beef Stew Baked Fish Fillets Baked Macaroni and Cheese Steamed Rice French Fried Okra Buttered Corn Oatmeal Cookies Fruit Pies	<i>Dinner</i> Italian Veal Steak Braised Pork Chops, Bone in O’Brien Potatoes Peas w/Onions Steamed Rice Mixed Vegetables Oatmeal Cookies Fruit Pies	Wednesday <i>Lunch</i> Chili Macaroni Roast Turkey Grilled Cheese Sandwiches Mashed Potatoes Glazed Carrots Simmered Succotash Brownies Fruit Pies
Saturday <i>Brunch/Dinner</i> Roast Turkey Chicken Cordon Bleu Mashed Potatoes Boiled Egg Noodles Simmered Broccoli Simmered Succotash Spice Cake w/Lemon Cream Frosting Sugar Cookies Fruit Pies	<i>Dinner</i> Southern Fried Chicken Beef Balls Stroganoff Parsley Butter Potatoes Boiled Egg Noodles Simmered Pinto Beans Club Spinach Oatmeal Raisin Cookies	<i>Dinner</i> Meat Loaf Pork Ham Mashed Potatoes Tossed Green Rice Cauliflower Combo Broccoli w/Cheese Sauce
Sunday <i>Brunch/Dinner</i> Swiss Steak w/Mushrooms Glazed Rock Cornish Hens Rice Pilaf Corn Bread Dressing Mashed Potatoes Southern Style Green Beans Simmered Corn	<i>Dinner</i> Southern Fried Chicken Beef Balls Stroganoff Parsley Butter Potatoes Boiled Egg Noodles Simmered Pinto Beans Club Spinach Oatmeal Raisin Cookies	Thursday <i>Lunch</i> Salisbury Steak Barbecue Chicken Rice Pilaf Oven Browned Potatoes Corn on the Cob Simmered Peas and Carrots White Cake w/Lemon Cream Frosting Fruit Pies

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Inexpensive lodging offered in Hawaii

Vacationing in Hawaii is more affordable than one may think

Lance Cpl. Alec Kleinsmith
MCB Camp Pendleton

MARINE CORPS BASE CAMP PENDLETON, Calif. — When it comes to finding the cheapest military lodging amenities on Hawaii, the best places to look are hotels and cabins owned and operated by the Department of Defense. These facilities, that include a wide range of rooms that can fit into anybody's budget, are made available specifically for all active duty personnel, Reservists and retirees looking to take a vacation.

If a stay in a cozy private cabin near a sandy white beachfront is what you're looking for, Bellows Air Force Station on Oahu may be just the ticket.

Located on the northern portion of Waimanalo Bay, the area includes a beautiful white sandy beach that curves around the bay, offering



Petty Officer 1st Class William R. Goodwin

Guests enjoy the lobby area of the Navy Lodge Hawaii located on Ford Island. The lodge held its grand opening Jan. 28, 2004, and is housed in a historic landmark building erected in 1941, that served as a Bachelor Officer's Quarters until 1984. The building was also used as an emergency medical center during the attack on Pearl Harbor and was featured in the film "Tora! Tora! Tora!" Preserving the building's 1940s design, both inside and out, was a main priority during the renovation period. The \$22 million renovated lodge comes equipped with 55 two-room suites and will help service members and their families with the transition upon first arriving or leaving Hawaii by providing convenient access to Pearl Harbor and a place to live while looking for a residence in the local area or waiting to move into base housing.

guests or vacationers a resort-quality Hawaiian setting at shockingly low prices.

Ranging in price from \$51 to \$70 dollars per night, guests can literally cut their lodging costs in half by staying at BAFS, leaving more cash to spend on the souvenirs, dining and entertainment that are available throughout the island.

The cabins include amenities such as full-sized kitchens equipped with a coffee pot, microwave, toaster, stove and refrigerator. Dishes, silverware and cooking utensils are provided for up to six guests. Other amenities include a table, sofa, telephone, ceiling fans and a color television with VCR.

If staying at a private cabin isn't your style, there is always the ever-popular Hale Koa Hotel.

Just 10 miles from the Honolulu International Airport, the hotel is located on the spectacular Waikiki Beach, offering guests breathtaking views of crystal-clear waters.

All rooms are fully air-conditioned and come with an alarm clock/radio, color TV with VCR, telephone, ironing board and hair dryer. Rooms also come with a refreshment cabinet, which can be used to store beverages.

Guests are also given the option to

See HAWAII, B-8

HAWAII: Low-cost lodging available

From B-7

experience some of the hotel's special offers and entertainment that occur every night. Magic shows, luaus, enormous buffets fit for a king and comedy shows are always available to enjoy.

Other facilities include 10 restaurants and lounges and a state-of-the-art fitness center that offers three swimming pools, tennis and racquetball courts and weight rooms. Personal trainers and certified massage therapists are also available.

The Hale Koa is also within walking distance of major shopping areas, including the Ala Moana Center, Royal Hawaiian Shopping Center and the International Marketplace, where you are sure to find interesting souvenirs to take back home.

While the Hale Koa Hotel does offer

more than the private cabins on BAFS, it does come at a higher price.

Room rates depend on two main factors: the rank of the guest and their choice of view from their room. The prices range from \$74 per night for two guests to \$190 per night.

These are only two examples of the many lodging facilities military members can take advantage of while in Hawaii. With proper planning and budget management, a trip to Hawaii is much closer and cheaper than you may think.

Other inexpensive military lodging available on Hawaii includes:

Hickam Lodging: 448-5400/5500 or DSN 448-5400/5500

Bellows AFS Cottage Rental: 259-8080

Outrigger Hotels Military Hot Line: 921-6888

Hale Koa Hotel: 955-0555 or (800) 367-6027

Waianae Army Recreation Center: 696-4158

Inexpensive base and island transportation options include:

Military Taxi: 449-1742, available 24 hours for duty personnel only.

Base Shuttle Bus: Pick-up is in front of the passenger terminal. The shuttle bus runs every 40 minutes from 6 a.m. to 7:30 p.m. weekdays. There is no service on weekends or holidays.

City Bus: Bus stop is in front of the passenger terminal. Fare is \$1 "The Bus" stops weekdays every 40 minutes and weekends/holidays every hour.

The Hickam Air Force Base terminal also houses an Enterprise Car Rental division, 422-6915.

“

quotable

”

A man travels the world over in search of what he needs and returns home to find it.

— Tom Peters

MARINE MAKEPONO

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Automobiles

'01 Ford Mustang, metallic blue, CD, automatic, 39,000 miles, one owner. Asking \$9,800. Call 295-5402.

Furniture

Child's bunk bed and futon combo, with ladders on both sides. Top bunk has twin-sized mattress and bottom bunk has six-inch, full-sized inner spring futon mattress. Asking \$400. Call 221-0368.

Pets

Two beautiful parakeets, with cage. Asking \$25. Call 489-7585.

Wanted

Don't have enough time but need your lawn mowed? Call DJ today at 254-4139.

Miscellaneous

Sony Playstation 1 system, three controllers (one with joystick), memory card, \$50. Nine PS1 games, \$50. Call 262-8789 during the day.

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.

The deadline for submitting ads is 4 p.m. the Friday of the week prior to publication.

For more information, call 257-8836 or 257-8837.